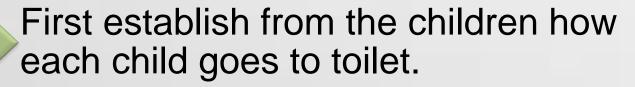
Sample Lesson FIQH- Class 1 Istinjaa

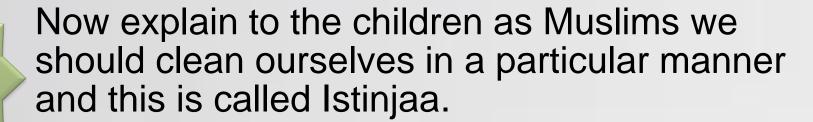








Thereafter go on to find out how the children clean themselves after relieving themselves.







Period 1 (cont..)



Introduce the Flash Card:

istinjaa

Pupil Activity



Complete the dot to dot activity of the word istinjaa.



Thereafter let the children colour in the word.

istinjaa





Period 2 Revision (relevant previous knowledge)



Remember always to revise the work done previously.



Revise the previous period's work.



Istinjaa means to (to be done orally).





Period 2 (cont...)



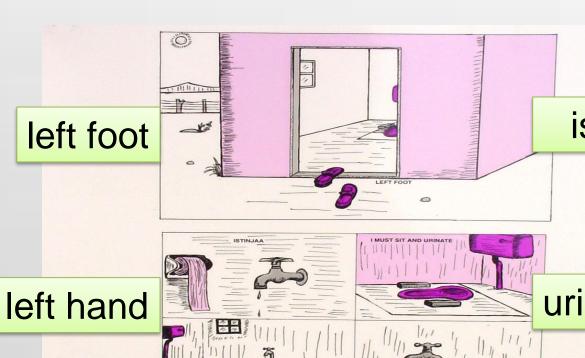
Bring the objects necessary to make istinjaa with to the class.



Introduce the chart work.







MUST ENTER WITH THE LEFT FOO

istinjaa

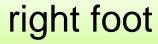
urinate



toilet paper

water

mud pieces







Pupil Activity

☐ Let the children identify the objects on the chart.













☐ Use the flash words and place under the right picture.

toilet toilet paper water jug tap mud pieces



Pupil Activity (cont...)

☐ Complete the dot-to-dot activity of the words.

toilet

jug

toilet paper

water

tap

☐ Children can colour in words.







Revision



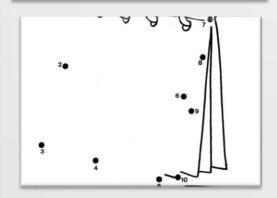
The Muallim/a must first determine whether all children know the difference between left and right.

Pupil Activity



- Play a game where children are to use their right and left hand and foot.
- (e.g. touch your right ear with your left hand, lift your left leg)

Dot-to-dot

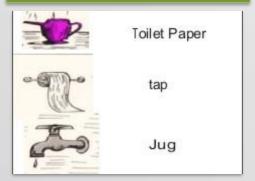


- Mud pieces, jug
- Colour in the words.





Revision



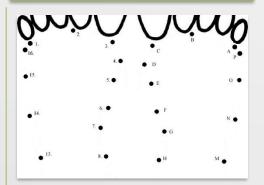
Let pupils identify the pictures and match the words.

Pupil Activity



- Ask children to imagine the class door is the entrance to the toilet/ Recite the dua before entering (if dua has already been learnt).
- Let every child enter with the left foot and come out with the right foot.

Dot-to-dot



- Left, right, foot, dua
- Colour in the words.





Period 5 Revision

Animals stand when relieving themselves but as Muslims we should always sit.

Ask children how they relieve themselves.

Tell them that we are different from other non-muslim children that they see at school. We do not imitate them.

Take care not to splash urine on body and clothes.





Period 5 (cont...)



Introduce flash words

splash

body

clothes

Colour in the words.





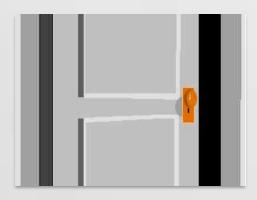


Revision



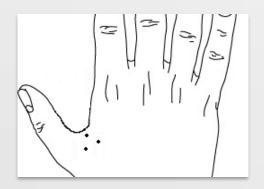
Play a game of left/right

Pupil Activity



- Use the door once again.
- Let the children come into the classroom using the left foot.

Dot-to-dot



- Sit, urinate, hand
- Colour in the words.





Period 7 and 8

General

Revision of whole lesson.

Pupil Activity

Colour in of all pictures





General Guidelines

Remember these are only guidelines.

The Muallim/a should feel free to try any method he/she thinks would work.

Remember to reinforce the basic concepts that have to be taught.

Children at this age must wherever possible, be able to do things practically and the Muallim/a should be the best example to be followed.

When using the board use the same print as found in the kitaab as it will make it easier for the children to identify the words.



